

**Bharati Vidyapeeth  
School of Performing Arts, Pune (India)**

Dance (Sattriya) Syllabus

**Foundation**

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**Total Marks: 50**

**Duration of Examination – 15 Min**

**Minimum Marks: 18**

Total No. of Periods: 50

**Course Design:**

**Theory:**

**Total Marks: 15**

There will not be any written examination for this Foundation Course. Theory part will be asked at the time of practical examination.

1. Information about Sattriya (In 10 sentences- Place of origin, Srimanta Sankaradeva and dance items of Sattriya) -5 marks
2. Hasta -names of fingers and Hasta Prachara (Avartan, Vivartan) -2 marks
3. Definition of Hasatas – (Asamyukta, Samyukta and Nritta) -5 marks
4. Definition of following terms -3 marks  
Mati Akhara, Ora. Taali, Khali, Hali, Sattri, Laya, Matra

**Practical:**

**Total Marks: 35**

1. Mati Akhara (ground exercises for body flexibility) – 16 marks  
(i) Khachaka or Dandavat (ii) Pachala Tola (iii) Pani Sincha (iv) Haad Bhang (v) Orat Baha Utha (vi) Orat Jaap (vii) Gerowa Chowa (viii) Kaacha Bandh
2. Mati Akhara (basic dance unit) - 8 marks  
(i) Purush Ora (ii) Prakriti Ora (iii) Lahi Ora (iv) Phul Ora
3. Haat Salowa, Hat pakowa and Haat - Bhari - Calana -- 6 marks
4. Bajana : Students should recite Mati Akhara Bols -5 marks  
with showing Tala (Chuta Tala)

# **Bharati Vidyapeeth**

## **School of Performing Arts, Pune (India)**

Dance (Sattriya) Syllabus

### **Certificate –Level 1**

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**Total Marks: 75**

**Duration of Examination – 20 Min**

**Minimum Marks: 27**

Total No. of Periods: 60

#### **Course Design:**

##### **Theory:**

**Total Marks: 15**

There will not be any written examination for this Certificate level- 1Course.

Theory part will be asked at the time of practical examination.

1. Brief study on Srimanta Sankaradeva, Madhavadeva and Sattria institutions of Assam – 7 Marks
2. Hasta used in Sattriya (traditional) -4 Marks  
Dhawaja, Sashaka, Ashimukha, Sarah, Alapadma, Muthi, Mujura, Suchi
3. Names of major classical dance traditions of India with the places of their Origin -4 Marks

##### **Practical:**

**Total Marks: 60**

1. Mati Akhara (ground exercises for body flexibility) – 14 marks  
(i) Lan – Athu lan, (ii) Thiya lan (iii) Kamitana (iv) Juriya Kamitana  
(v) Athuwa (vi) Chatravali (vii) Morapa
2. Mati Akhora (basic dance unit)  
(i) Purush Pak(ii) Prakriti Pak (iii) Akol Pak (iv) Shari Pak -20 Marks  
(v) Cereki Pak (vi) Tukura Pak (vii) Kati Chata (viii) Sanmukhaloi Chata  
(ix) Kakila Khosa (x) Khahaki

3. Krishna's Lavanu Churi Nritya - 15 Marks

(Footwork – 3, hasta- 3, Angsuddhi – 3, Rhythm – 3, Presentation -3)

4. Bhariman (footwork) in Sattriya - 5 Marks

Juti, Tewai, Khosora, Salikichip, Padachalana.

5. Bajana : (a) Students should say and show the Tala of Mati Akhara - 6 Marks

(b) Chut Kala Tala and Thukani Tala

6. Previous syllabus of Practical

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**Bharati Vidyapeeth**  
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Dance (Sattriya) Syllabus

**Certificate - Level 2**

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**Total Marks: 125**

**Duration of Examination – 2 Hours**

Total No. of Periods: 65

**Course Design:**

**Theory –**

**Total Marks: 50**

**Minimum Marks – 27**

**Duration of Examination – 3 Hours**

Written examination will be there for this Certificate Level- 2 Course.

1. History of Sattriya dance in short. -- 8 Marks
2. Knowledge of Sattriya Institution and its Cultural significance with particular reference to Sattriya dance -- 8 Marks
3. Definitions: Sattriya, Majuli, Bhaona, Ramdani , Ga-man, Ghat, Anga, Pratyanga, Upanga, -- 8 Marks
4. Brief knowledge of Musical Instruments of Sattriya -- 10 Marks
5. Sanyukta and Asanyukta Hastas from Sri Hasta Muktavali (10 hastas from each group) --10 Marks
6. Notation of Bajana: Thukani Taala, Chuta Taala, Ek Taala and Rupak Taala. --6 Marks

**Practical:**

**Total Marks – 75**

**Minimum Marks – 27**

**Duration of Examination – 20 Min**

1. Mati Akhara (ground exercises for body flexibility) – 5 Marks  
(i) Morai Pani Khowa (ii) Kachoi Pani Khowa (iii) Teltupi  
(iv) Chit khar (v) Kati Khar
2. Mati Akhara (basic dance unit)  
(i) Citika (ii) Jalak and Singha Jalak (iii) Tewai (iv) Chalana -7 Marks  
(v) Baag Jaap, Sanmukhaloi Jaap (vi) Saliki Chip (vii) ketela  
(viii) Previous Mati Akhara

3. Dance Item: Nadubhangi (Ramdani) -- 20 Marks.  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
4. Dance Item: Jhumura (Ramdani) -- 20 Marks.  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
5. Hasta Viniyoga (10 from oral tradition Sattriya) -- 15 Marks  
Krishna, Pranam, Raja, Matsya, Kurma, Brahma, Surya, Bayu, Bahni, Mujura  
Samyukta Hastas from Srihastamuktavali
6. Reciting of Ga-man, Bhangoni and Ghat of Nadubhangi and Jhumura – 8 Marks  
in Taala

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**Bharati Vidyapeeth  
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Dance (Sattriya) Syllabus

**Higher Certificate - Level 1**

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**Total Marks: 200**

**Duration of Examination – 3 Hours**

Total No. of Periods: 70

**Course Design:**

**Theory:**

**Total Marks: 75**

**Minimum Marks – 27**

**Duration of Examination – 3 Hours**

Written examination will be there for this Higher Certificate Level 1 Course.

1. Cultural History of Assam with reference to Sankaradeva and his apostles. --10 Marks
2. Knowledge of Ankiya Nats of Sankaradeva and Madhavadeva -- 10 Marks  
(Brief knowledge of 12 Ankas of both the Gurus)
3. Knowledge of music and musical text of sattriya --10 Marks  
(Borgit, Ankar Git, Namghosha)
4. knowledge about Nadubhangi, Jumura and Chali naach -- 10 Marks
5. What is Folk dance? Knowledge of folk dances of the North East --10 Marks
6. Knowledge of Nritta, Nritya, Natya and their application in Sattriya -- 10 Marks
7. Notation of Bajanas of dance items you learnt and Bajanas of Paritaala, Dharamjati Taala and Chutkala Taala. Knowledge of Ga maan , Ghat Chok -- 10 Marks
8. Masters of Sattriya dance- Maniram Dutta Muktiar, Bapuram Bayan Atoi. -- 5 Marks

## **Practical:**

**Total Marks –125    Minimum Marks – 44    Duration of Examination – 25 Min**

1. Mati Akhara (ground exercises for body flexibility) --10 Marks  
(i) Lan – Kati lan (ii) Udha lan (iii) Tamal mochara (iv) Buku showa  
(v) and previous Mati Akhara for body flexibility.
2. Mati Akhara (Basic dance unit) --14 Marks  
(i) Theng mela tukura pak (ii) Udha cereki pak (iii) Ur paak (iv) Ur paak tukura  
(v) Geri paak (vi) Thiya Muruka and (vii) Baha Muruka (VIII) Thita Paak
3. Dance Item: Nadubhangi ( Ramdani and Gitar nach) -- 20 Marks.  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
4. Dance Item: Jhumura (Ramdani, Geetar nach and Mela nach) -- 20 Marks.  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
5. Dance Item: Gopi Praveshar Nach -- 20 Marks  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
6. Able to perform a piece of Abhinaya on Sloka/ Ghosa/ Bhatima --10 Marks  
from the composition of Sankaradeva and Madhavadeva.
7. Asanyukta Hasta Viniyoga (30 from Shrihastamuktavali) -- 16 Marks
8. Notation of Bajanas: Mela nach and Geetar nach -- 15 Marks  
Taala: Paritala and Kharman Taala.

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**Higher Certificate - Level 2**

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**Total Marks: 250**

**Duration of Examination – 3 Hours**

Total No. of Periods: 70

**Course Design:**

**Theory:**

**Total Marks – 100**

**Minimum Marks – 35**

**Duration of Examination – 3 Hours**

Written examination will be there for this Higher Certificate – level 2 Course.

1. History of Sattriya dance (Formation and Development) -- 8 Marks
2. Characteristic Features of Melodic and Rhythmic Patterns of Sattriya dance (Raga and Taala) --8 Marks
3. Distinctiveness and special characteristics of Sattriya dance. --10 Marks
4. A brief introduction to the Natyashastra, Abhinaya Darpana and Srihastamuktavali. --12 Marks
5. What is Abhinaya? Knowledge of Angika, Vachika, Aaharya and Sattika abhinaya with reference to Sattriya dance. --10 marks
6. Learn Stories of Krishna from Ankiya Nats. -- 10 Marks
7. Definition on: Tandava, Lasya, Sthana, Bhramari, Utplavan, Chari, Gati, karana, Angahara, Purvaranga. -- 10 Marks
8. Theoretical knowledge of independent dances and drama centric dances of Sattriya. -- 10 Marks
9. Masters of Sattriya dance: Gahan Chandra Goswami, Roseswar Saikia Barbayan. -- 8 Marks
10. Notation of Bajana: the items that you have learnt -- 8 Marks  
based on Ektala, Paritala and Kharman Taala
11. Knowledge of relationship between Ankiya Bhaona and Sattriya Dance --8 Marks



**Practical:**

**Total Marks – 150**

**Minimum Marks – 53**

**Duration of Examination – 25 Min**

1. Practical Knowledge of all Mati Akharas -- 5 Marks
2. Greeva Bhedas and Dristi Bhedas used in Sattriya. -- 5 Marks
3. Practical knowledge of Samyukta, Asamyukta and Nritta Hastas used in Sattriya --10 Marks
4. Dance item: Hajowalia Ramadani --20 Marks  
(Dhenita Dhenita Khita / Tak JidDhei DiDi Dhei)  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
5. Dance item: Chali Bar Ramdani --20 Marks  
(Tadheniti Tadhinao)  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
6. Dance item: Rajagharia Ramdani -- 20 Marks  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
7. Dance item: Bahar dance (Ramdani) -- 20 Marks  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
8. Dance item:Chaali Geetor Naach - Ektaal --20 Marks  
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
9. Krishna Vandana and an Abhinaya on geet from Ankiya Nat. -- 20 Marks
10. Notation on Bajana: Chuta , Thukani, Rakta Tala, Chari Khandia or Mishra Tala, Chutkala and Jaman. -- 10 Marks

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